

To breathe or not to breathe: respiratory issues in spinal cord injury
A Spinal Injuries Association virtual education module

Programme

09:30- 10:00	Introduction, aims & objectives
10:00- 10:45 10:45- 10:50	Introduction to spinal cord injury (SCI) Q&A
10:45- 11:05 11:05- 11:10	Normal breathing and cough Q&A
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11:10- 11:25	<i>Break</i>
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11:25- 12:05 12:05- 12:10	Altered physiology after spinal cord injury Q&A
12:10- 12:35 12:35- 12:40	SIA's Support Network Service Q&A
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12:40- 13:10	<i>Lunch</i>
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13:10- 14:05 14:05- 14:10	The early days Q&A
14:10- 14:40 14:40- 14:45	Thoracic spinal cord injury Q&A
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14:45- 15:00	<i>Break</i>
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15:00- 15:30 15:30- 15:35	Longer term tetraplegia Q&A
15:35- 15:50	Other factors
15:50- 16:00	Further reading, feedback & questions