

# EDUCATION AND TRAINING



**SIA offers a range of virtual and face to face education and training for health and social care professionals, giving an insight into the complex and sometimes unique issues that affect people living with spinal cord injury. All our face to face or virtual sessions are CPD (Continuing Professional Development) accredited, and supporting materials provided.**

## **Good Clinical Practice in Spinal Cord Injury**

Delivered in-house for larger groups of staff (20 plus), this Study Day gives an overview of the key issues affecting spinal cord injured people, such as autonomic dysreflexia, bladder and bowel management and care of the skin. The requesting organisation provides the venue for this Study Day.

*Face to face*

## **A Fulfilled Life - The Final Chapter**

We are delighted to offer this course, which has been developed by members of our clinical team in collaboration with the Princess Alice Hospice in Surrey. It became clear that spinal cord injured people (SCI) who are coming to the end of their lives are sometimes being nursed in hospices or hospitals that have limited knowledge or experience in caring for people with SCI. This course aims to address this knowledge gap for healthcare professionals and provide them with information about both SCI and end of life care.

*Online*



All our face to face or virtual sessions are CPD (Continuing Professional Development) accredited, and supporting materials provided.

## Under Pressure - The Neurogenic Skin

(Separate courses for RNs and HCAs, PAs & carers)

A virtual module looking at best practice in managing neurogenic skin to prevent pressure ulcers. Provides information on the causes, impact and treatment of pressure ulcers, plus new research and the role of healthcare professionals in this vital area of SCI care.

*Virtual*

## Managing Spinal Cord Injury

The virtual version of Good Clinical Practice in Spinal Cord Injury, delivered by members of our clinical team. Sessions can be tailored to individual clients or services, as the topics included are the requestor's choice. Gives an overview of the key issues affecting spinal cord injured people, such as autonomic dysreflexia, bladder and bowel management and care of the skin. For these sessions we welcome all healthcare professionals working in non-specialist settings. They are suitable for Registered Nurses, AHPs and HCAs, PAs and carers but as content is tailored to the audience, it may be more beneficial to keep your delegates to one group.

*Virtual*

## Managing The Neurogenic Bowel Following Spinal Cord Injury

Participants will examine the theory and practise that underpins effective management of the neurogenic bowel. Knowledge is evaluated via a written evaluation of learning, and depending on the session attended, they can then demonstrate the skills and knowledge to safely undertake Digital Rectal Examination, Digital Rectal Stimulation and Digital Removal of Faeces during a practical session on an anatomical training model. We also offer the opportunity to attend refresher practical skills sessions.

*Face to face (skills and education)*

*Virtual (education only)*

*Combination (two - virtual education plus a follow up practical session)*

## In-service Training

Delivered by one of our Support coordinators these hour-long CPD accredited sessions are a fantastic opportunity for healthcare professionals to increase their awareness of issues around living with a spinal cord injury. Their lived experiences of spinal cord injury give them a unique role in supporting and educating healthcare professionals in many different settings and are ideally suited for team training sessions.

*Face to face or Virtual*

All the above modules are chargeable; contact Karen Mikalsen or visit our website for information on costings.

## NEED MORE INFORMATION



For more information, or to make a booking for any of our courses, please visit our website [www.spinal.co.uk](http://www.spinal.co.uk) or contact Karen Mikalsen by phone on 01908 732140 or via email at [k.mikalsen@spinal.co.uk](mailto:k.mikalsen@spinal.co.uk)